



Physical Education

**3PHLH Assessment Statement 2021**

Course is endorsable

Year : 13		Course : Health				Mrs S Hainsworth			Total Credits : 19		
<p>We recommend that if you are interested in careers that focus on the well-being of individuals, others and communities include Health as one of your subjects. The course aims to critically look at health issues and ethical health issues impacting our society and also overseas countries. Students will investigate factors that determine the health outcomes for groups of people in these populations and the impact these health issues have on the well-being of those involved. Students will also develop skills needed for effective health promotion allowing them to address these health issues.</p> <p>WHAT WILL I LEARN? Topics include:</p>											
No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	91461	2	3	5	L1 Lit, R Lit	Health 3.1 - Analyse a New Zealand health issue	Assignment	1	03/09/21		
2	91463	2	3	5	L1 Lit, R Lit	Health 3.3 - Evaluate health practices currently used in New Zealand	Assignment	1	25/06/21		
3	91464	2	3	4	L1 Lit, R Lit	Health 3.4 - Analyse a contemporary ethical issue in relation to well-being	Assignment	1	15/04/21		
4	91462	2	3	5	L1 Lit, B Lit	Health 3.2 - Analyse an international health issue	Exam	External	18/11/21		

**Qualifications** - You can see what qualifications the school offers and what qualification(s) this course leads towards on the school's website. Also you can see the courses, pathways, requirements for certificate endorsement, exclusion list of standards, and details on credit inclusion.

**NZQA** - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to <http://www.nzqa.govt.nz/ncea/index.html>

**Assessment Opportunities Offered** - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

**Record your internal grades** on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement.

**Moderated Assessment Results** are generally available 3 school weeks after the assessment due date.



Physical Education

**3POED Assessment Statement 2021**

Year : 13

Course : Outdoor Education

Mrs Tara Remington

Total Credits : 28

We recommend that if you are interested in the outdoors, meeting challenges and exploring and pushing your personal limits include Outdoor Education as one of your subjects.

You will have the opportunity to experience a range of practical outdoor pursuits. There is also a significant amount of theory work at this level that is focused on the essential planning and risk management needed to gain the most from these experiences.

No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	430	7	3	3		Demonstrate bush survival skills	Practical/Book work	1	Week 6 Term 1		
2	26249	1	3	5		Demonstrate bush-walking knowledge and skills	Practical/Book work	1	Week 4 Term 3		
3	19428	2	3	10		Prepare for sea kayaking and demonstrate sea kayaking skills in sheltered sea conditions	Practical/Work book	1	Week 10-11 Term 1		
4	26246	1	3	5		Demonstrate mountain biking knowledge and skills	Practical/Book work	1	Week 9 Term 3		
5	20150	3	3	5		Demonstrate rock climbing skills on natural rock	Practical/Book work	1	Week 9 Term 2		

**Qualifications** - You can see what qualifications the school offers and what qualification(s) this course leads towards on the school's website. Also you can see the courses, pathways, requirements for certificate endorsement, exclusion list of standards, and details on credit inclusion.

**NZQA** - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to <http://www.nzqa.govt.nz/ncea/index.html>

**Assessment Opportunities Offered** - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

**Record your internal grades** on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement.

**Moderated Assessment Results** are generally available 3 school weeks after the assessment due date.



Physical Education

**3PPED Assessment Statement 2021**

Course is endorsable

Year : 13		Course : Physical Education				Mr Edwards			Total Credits : 20		
<p>We recommend this subject if you are interested in a career that applies knowledge about the body in movement and sporting contexts. physical education or sports related careers,            You will learn about how to effectively apply biophysical principals to improving your skill performance in a chosen sporting activity. You will be assessed in your ability to perform skills in selected activities. There is a mixture of practical and written work and you will also learn about what influences people to participate in physical activities as well as investigating issues which have a significant impact on sport.</p>											
No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	91500	2	3	4	Num, L1 Lit, R Lit	Physical Education 3.3 - Evaluate the effectiveness of a performance improvement programme	Assignment	1	05/07/21		
2	91501	2	3	4	Num	Physical Education 3.4 - Demonstrate quality performance of a physical activity in an applied setting	Assignment	1	29/10/21		
3	91505	2	3	4	L1 Lit, R Lit	Physical Education 3.8 - Examine contemporary leadership principles applied in physical activity contexts	Assignment	1	10/09/21		
4	91498	2	3	4	Num, L1 Lit	Physical Education 3.1 - Evaluate physical activity experiences to devise strategies for lifelong well-being	Assignment	1	29/10/21		
5	91789	2	3	4		Physical Education 3.9 - Devise strategies for a physical activity outcome	Assignment	1	05/07/21		

**Qualifications** - You can see what qualifications the school offers and what qualification(s) this course leads towards on the school's website. Also you can see the courses, pathways, requirements for certificate endorsement, exclusion list of standards, and details on credit inclusion.

**NZQA** - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to <http://www.nzqa.govt.nz/ncea/index.html>

**Assessment Opportunities Offered** - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

**Record your internal grades** on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement.

**Moderated Assessment Results** are generally available 3 school weeks after the assessment due date.



Physical Education

**3PSPT Assessment Statement 2021**

Not Eligible for Course Endorsement

Year : 13

Course : Sport Leadership

Mr J Cook

Total Credits : 25

We recommend that if you are interested in sport, fitness, outdoor education or physical education include Sport Leadership as one of your subjects. You will be provided with a number of sports leadership opportunities and you will learn how to teach sports skills and to coach effectively. You will learn how to plan well for sporting activities and how to manage a variety of sporting situations.

**WHAT WILL I LEARN?**

Units included are:

No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	21414	3	3	4		Plan and run a recreation activity	Assignment	1	01/11/21		
2	20673	4	3	5		Demonstrate knowledge of injuries, injury prevention and risks and hazards associated with sport or recreation	Assignment	1	12/04/21		
3	91501	2	3	4	Num	Physical Education 3.4 - Demonstrate quality performance of a physical activity in an applied setting	Practical	2	12/04/21		
4	22771	3	3	6		Plan beginner-level coaching sessions for sport participants	Assignment	1	08/06/21		
5	22768	2	3	6		Conduct and review a beginner level coaching session	Assignment	1	23/08/21		

**Qualifications** - You can see what qualifications the school offers and what qualification(s) this course leads towards on the school's website. Also you can see the courses, pathways, requirements for certificate endorsement, exclusion list of standards, and details on credit inclusion.

**NZQA** - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to <http://www.nzqa.govt.nz/ncea/index.html>

**Assessment Opportunities Offered** - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

**Record your internal grades** on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement.

**Moderated Assessment Results** are generally available 3 school weeks after the assessment due date.