



Physical Education

1PHLH Assessment Statement 2021

Course is endorsable

Year : 11		Course : Health				Mrs Jefferies			Total Credits : 19		
<p>We recommend that if you are interested in careers that focus on the well-being of individuals, others and communities include Health as one of your subjects. You will learn about the factors that affect our health and well-being for a range of health issues affecting young people today. Student will develop skills to think about why young people are affected by health issues and develop actions and strategies to address these issues.</p> <p>Topics include:</p> <ul style="list-style-type: none"> · Taking action to enhance personal well-being · Investigate adolescent eating patterns 											
No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	90971	3	1	3	L1 Lit	Health 1.1 - Take action to enhance an aspect of personal well-being	Assignment	1	15/04/21		
2	91097	3	1	4	L1 Lit	Health 1.3 - Demonstrate understanding of ways in which well-being can change and strategies to support well-being	Assignment	1	15/06/21		
3	90974	4	1	4	L1 Lit	Health 1.5 - Demonstrate understanding of strategies for promoting positive sexuality	Assignment	1	13/08/21		
4	90972	3	1	4	L1 Lit	Health 1.2 - Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing	Exam	External	01/12/21		
5	90975	3	1	4	L1 Lit	Health 1.6 - Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations	Exam	External	01/12/21		

Qualifications - You can see what qualifications the school offers and what qualification(s) this course leads towards on the school's website. Also you can see the courses, pathways, requirements for certificate endorsement, exclusion list of standards, and details on credit inclusion.

NZQA - For a range of information on the National Certificate of Educational Achievement, University Entrance, and Scholarship go to <http://www.nzqa.govt.nz/ncea/index.html>

Assessment Opportunities Offered - In addition to what is listed above, other authentic standard specific evidence may be used instead of a formal assessment event. See your teacher for details.

Record your internal grades on this sheet and ask your teacher to sign it off as correct. You can then use this as evidence of your achievement.

Moderated Assessment Results are generally available 3 school weeks after the assessment due date.



Physical Education

1PPED Assessment Statement 2021

Course is endorsable

Year : 11

Course : Physical Education

Mr J Slee

Total Credits : 24

We recommend that if you are interested in physical education, medicine or sports related careers study physical education in Level 1 through to Level 3. You will participate in a number of sports-related activities and you will be assessed in your skill performance in these activities and you will learn how to improve your technique as well as learning about how the human body responds to exercise. There is a mixture of practical and written work to complete. These is also a topic on the social influences that impact on your attitude towards physical activity.

No	Standard Number	Version	Level	Credits	Lit / Num	Full Title	Method of Assessment	Assessment Opportunities Offered	Approximate Date	Grade	Teacher Signature
1	90962	3	1	5		Physical Education 1.1 - Participate actively in a variety of physical activities and explain factors that influence own	Demonstration	2	09/07/21		
2	90963	3	1	5	L1 Lit	Physical Education 1.2 - Demonstrate understanding of the function of the body as it relates to the performance of physical activity	Test	2	09/07/21		
3	90964	3	1	3		Physical Education 1.3 - Demonstrate quality movement in the performance of a physical activity	Practical	4	On-going		
4	90965	3	1	4	L1 Lit	Physical Education 1.4 - Demonstrate understanding of societal influences on physical activity and the implications for self and	Assignment	2	23/08/21		
5	90966	3	1	4	L1 Lit	Physical Education 1.5 - Demonstrate interpersonal skills in a group and explain how these skills impact on others	Assignment	2	15/04/21		
6	90967	3	1	3	L1 Lit	Physical Education 1.6 - Demonstrate strategies to improve the performance of a physical activity and describe the outcomes	Assignment	2	23/09/21		

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